

Experienced coaches
ensure each child
grows in confidence,
team-work, self-
discipline, & skill



SCHEDULE

June 17-21

June 24-28

July 1-3

July 8-12

July 15-19



July 22-26

July 29-August 2

August 5-9

August 12-16

Packages

Full Day - \$300

7:00 AM - 6:00 PM

Half Day - \$200

7:30 AM - 12:30 PM

Specials:

\$25 off for 3 - 5 Weeks

\$50 off for 6 - 9 Weeks

Sibling Discount - 10% per child, per week



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Member of the **SABIS**® Network



The International School
of Minnesota



Discovery Sports 2019

A Summer Of Athletic Fun
For K - 6th Grade



**Talent wins games, but
teamwork and
intelligence wins
championships!**

-Michael Jordan

PLAY ALL DAY

Our Multi-Sport Camp offers energetic and super-active kids the opportunity to build and improve skills in Soccer, Basketball, Swimming, and Yoga!

FRIDAY IS BEACH DAY!

Even the most serious athletes need time to relax. Every Friday our campers will enjoy a day at the beach!



Each Day Includes:

SKILLS

Instruction in the fundamental individual skills of team sports, including: Basketball, Swimming, and our exclusive Soccer program taught by coaches from Minnesota United Football Club Youth Academy.

SWIMMING LESSONS

There will always be time for fun in the pool but during our lessons we will focus on water safety, swimming skills, and fitness.

SPORTS YOGA

Yoga has many benefits in addition to meditation and mindfulness. Our daily sessions will focus on improving flexibility and core strength - two vital elements in improving speed and agility, and of course injury prevention.

GAMES

Successful teams are built on a foundation of determined individuals. While many of our summer camp sessions will focus on skills and techniques to improve the performance of each player, campers will have an opportunity to utilize their new talents in games and matches to improve their ability to work as part of a team.